



## daily GOOD

There is no such thing as a problem Without a gift for you in its hands. You seek problems because you need their gifts. --Richard Bach

National Center on Addiction and Substance Abuse at Columbia University reported this week that teens consumed 25 percent of all alcohol consumed in the U.S. Furthermore, 87% of adults who drink had their first drink of alcohol before age 21.

## **Be The Change:**

Be a gift for a child. Be a role model. Be a mentor. http://www.mentoring.org