



## daily GOOD

The universe is change; our life is what our thoughts make it --Marcus Aurelius

## The Sound of One Hand Clapping

Richard Whittaker reflects on art and coffee with a stranger: "One morning I looked up from my cup of tea in a local coffee shop and was surprised to see a man at work on a little painting sitting at a table nearby. I walked over, took a peek, and was surprised again. It was really good. I complimented him on his work. He seemed to welcome the interruption, and I asked him a few questions. He was just passing through town and living from hand to mouth. Before long, having had nothing of the sort in mind, I found myself in a conversation that crossed into territory usually reserved for more intimate friends. All along I halfway expected to be hit up for a little cash, but nothing of the sort happened. The more we talked, the more I was touched by this total stranger and his story..."

## Be The Change:

Strike up a conversation with someone you don't know...