



## daily GOOD

Let food be thy medicine and medicine be thy food. --Hippocrates

### **Eat to Prevent Cancer**

Cancer researcher William Li presents a new way to think about treating cancer and other diseases: anti-angiogenesis, preventing the growth of blood vessels that feed a tumor. The crucial first (and best) step: Eating cancer-fighting foods that cut off the supply lines and beat cancer at its own game.

### **Be The Change:**

Learn more about anti-angiogenesis and cancer-fighting foods