



daily GOOD

He who should inspire and lead his race must be defended from travelling with the souls of other men, from living, breathing, reading, and writing in the daily, time-worn yoke of their opinions. --Ralph Waldo Emerson

Leadership Through Solitude

"We have a crisis of leadership in America." In a speech delivered at West Point, writer William Deresiewicz states that many of today's leaders have jumped through the hoops and climbed up the greasy ladder of hierarchy only to maintain the status quo. Real leadership, though, "means finding a new direction, not simply putting yourself at the front of the herd that's heading toward the cliff." They recognize when they're in a position that compromises their values, and have the courage to hold steadfastly to what they believe is right. So how does one know what is right? By practicing solitude.

Be The Change:

When faced with a challenging dilemma, get clear on your values and beliefs by spending time in solitude.