



daily GOOD

Remember, men need laughter sometimes more than food. --Anna Fellows Johnston

The Blanket of Laughter Cure

About two years ago, LuAnn Kessi started a group called Living Well with Cancer and Healing Through Quilting. The Harlan resident has three aunts who are cancer survivors, and all had been making things to sell to raise money for cancer research. But she felt moved to do more. "You knew that you were doing something good, but we just wanted to help in a more personal way," she said. So she decided to start a quilting class for those who have cancer. It quickly took off, already making over 100 quilts. But exhibitions aren't what it's all about. "Most of the time, we're just in love with whatever we're teaching," explains one instructor. That spills over to the students, and then the curious customers in the front store who hear the laughter.

Be The Change:

Remember to laugh today.