



## daily GOOD

All motion is cyclic. It circulates to the limits of its possibilities and then returns to its starting point. --Robert Collier

### The Professional Development Ethic

"The notion that one can do anything is liberating. But life without constraints has also proved a recipe for endless searching, endless questioning of aspirations. It has made this generation obsessed with self-development and determined, for as long as possible, to minimise personal commitments in order to maximise the options open to them... At what point, though, does the experience-seeking end?" Reflecting on professional development in an age of possibility, Thomas Barlow proposes a counterintuitive solution: "Perhaps living life to the fullest is as much about closing possibilities than creating them."

### Be The Change:

Find freedom in closing a few possibilities today.