



daily GOOD

Acceptance of one's life has nothing to do with resignation; it does not mean running away from the struggle. On the contrary it means accepting it as it comes...To accept is to say yes to life in its entirety.
--Paul Tournier

Billy Barr: The Snow Guardian

Who is Billy Barr and how has he single-handedly produced remarkable evidence of climate change? For the past four decades, Barr has lived alone in a cabin in the remote, ghost town of Gothic, Colorado in the Rocky Mountains, one of the United State's coldest locations. With no external incentives, or formal training in the field, he began keeping meticulous snowfall records to escape boredom during the harsh winter months. Now his extensive research is invaluable to the Rocky Mountain Biological Lab and many other scientists around the world. This short video offers a compelling glimpse of Barr's unconventional life and contributions.

Be The Change:

The attention Barr pays to his surroundings is extraordinary. In these changing times, what is one small action you can take each day to tune into your own current reality?