



## daily GOOD

Better than a thousand hollow words,Is one word that brings peace.  
--Buddha

Sam Hamill, a reclusive former Marine turned Zen Buddhist poet was invited to read his poems at the White House. When Laura Bush caught on that he was going to read poems critical of the war on Iraq, she cancelled the event. In response, Sam has set up a website and asked poets to submit poems against the war and affirming collective humanity.

Over 12,000 young and old and everything in between, from many different races, responded and he plans to submit all the poems to Congress soon.

### Be The Change:

Take a few moments to write down your emotions surrounding the time period we are living in.