



daily GOOD

This grand show is eternal. It is always sunrise somewhere; the dew is never dried all at once; a shower is forever falling; vapor is ever rising. Eternal sunrise, eternal dawn and gloaming, on sea and continents and islands, each in its turn, as the round earth rolls. --John Muir

World At Dawn

"At dawn, the world rises out of darkness, slowly, sense-grain by grain, as if from sleep. Life becomes visible once again. "When it is dark, it seems to me as if I were dying, and I can't think anymore," Claude Monet once lamented. More light! Goethe begged from his deathbed. Dawn is the wellspring of more light, the origin of our first to last days as we roll in space, over 6.684 billion of us in one global petri dish, shot through with sunlight, in our cells, in our minds, in our myriad metaphors of rebirth, in all the extensions to our senses that we create to enlighten our days and navigate our nights." Acclaimed author and poet Diane Ackerman shares more.

Be The Change:

Keep a tryst with dawn this week.