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The human heart is the first home of democracy -- Terry Tempest Williams

Healing the Heart of Democracy

"For those of us who want to see democracy survive and thrive --and we are legion --the heart is where everything begins: that grounded place in each of us where we can overcome fear, rediscover that we are members of one another, and embrace the conflicts that threaten democracy as openings to new life for us and for our nation." Parker Palmer shares more in this piece.

Be The Change:

Check out more related resources from Parker Palmer on the Center for Courage & Renewal website.