



## daily GOOD

Great things are done by a series of small things brought together. --Vincent Van Gogh

## A Day with the Langs

For over twenty years artists Richard Lang and Judith Selby Lang have been collecting plastic trash washed up on a pristine beach in Point Reyes National Seashore. Their meditative practice, and the art they make from the collected detritus, is a small song of hope in the face of the worldwide blight of single-use plastic.

## **Be The Change:**

What creative thing might you do with the throwaway plastic that passes through your hands?