



daily GOOD

Every leaf that grows will tell you: what you sow will bear fruit, so if you have any sense my friend, don't plant anything but Love. --Rumi

A Seed of Freedom

Actor Jeremy Irons narrates this landmark film by The Gaia Foundation and the African Biodiversity Network, in collaboration with MELCA Ethiopia, Navdanya International and GRAIN. In it, we learn how our world has gone from a vast bedrock of diversity, created over thousands of years," to genetically modified seeds engineered to withstand pesticides refined with a few changes from explosives and nerve agents developed in past wars. In the words of the filmmakers: "The story of seed has become one of loss, control, dependence and debt. Its been written by those who want to make vast profit from our food system, no matter what the true cost. Its time to change the story."

Be The Change:

How does this conflict between the worlds of agriculture and big business, knowledge and control, truth and propaganda impact your own life? What can you do to help resolve it?