



## daily GOOD

Your own Self-Realization is the greatest service you can render the world. --Ramana Maharishi

### **An Early Morning Revelation: Chuck St. John**

At seventy years old, St. John recounts a remarkable experience that happened in the most ordinary of circumstances when he was 28 years old. "There was this taste of knowing [my family] like characters in some story I'd read about recently, or from a movie watched last night, as if I myself had not lived the story. It had all just happened to me as if I had been in a long dream. How did I get here?" This experience became like a north star that led St. John to a life of search and connection with others with the same search for real awakening.

### **Be The Change:**

How did you get here? And -- who are you?  
What surfaces for you as you hold these questions? Learn more about Ramana Maharishi's approach to self-enquiry [here](#).