



daily GOOD

Slow Food unites the pleasure of food with responsibility, sustainability and harmony with nature. --Carlo Petrini

Grace Before Dinner

"As a cook, I am beside myself when I encounter even ten varieties of tomatoes at a farmers market. But to see such diversity among people was deeply moving; people from everywhere with great rough hands and fine, weathered faces. Five thousand farmers from 130 countries were gathering for the first time in history, creating an event called Terra Madre." From Orion magazine's archives comes this inspiring post from the first Terra Madre event honoring the Slow Food movement and uniting "our food, our planet, and our future."

Be The Change:

Learn more about the history of the Slow Food movement [here](#).