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Dream the dream that is trying to be dreamed through you. --Mary Reynolds

Mary Reynolds: The Garden Awakening

Mary Reynolds has designed award-winning gardens and landscapes across the globe. She is a nature activist and reformed landscape designer, because, in her words, "Everything must change. Including me." Her book, The Garden Awakening: Designs to Nurture Our Lands and Ourselves, is"a step-by-step manual to creating a garden in harmony with the life force in the earth, addressing not only what the people in charge of the land want but also asking what the land wants to become." Reynolds is also the founder of the international garden rewilding movement, 'We Are the Ark,' Ark standing for Acts of Restorative Kindness. Her groundbreaking work invites people all over the world to transforming their gardens into part of living, and deeply interconnected ecosystem.She shares more here.

Be The Change:

Check out more of Mary Reynold's work through her website.