



## daily GOOD

Slow Food unites the pleasure of food with responsibility, sustainability and harmony with nature. --Carlo Petrini

### Grace Before Dinner

"Twenty five years ago I started Greens restaurant in San Francisco, then left to live in Rome, where I began writing on food and cooking. I departed Rome just as the Slow Food movement took root there in 1986, and I didn't become formally involved for another ten years. (Among other things, I now run Slow Foods Santa Fe chapter). But I was informally supporting Slow Food concepts all along. My deepest sympathies have always been with the landscape of food and farming, and that led me to join the Santa Fe farmers market, near my new American home, as a manager and board member. I spent five years visiting markets and farmers across the country as I researched my 2002 book Local Flavors. At Terra Madre I reconnected with many of those same food producers and farmers." Deborah Madison shares more in this inspiring piece.

### Be The Change:

Learn more about the Slow Food movement [here](#).